STATE RANKED FLYERS

We’re very proud that our boys and girls cross country teams have had such a wonderful season. There have been many meets when we’ve had photo finishes with our competition. Let’s cheer on our Harriers as they head into playoffs. Their Interdivisional Meet will be in Gouverneur on Thursday, October 25th and the Section X Championship Meet will be in Canton on Thursday, November 1st. Let’s go Teams!

Our boys cross country team is impressive. They’re entering the playoffs with only one loss and are poised to claim Class D honors. Led by a balanced effort, this group of harriers is the only Section X team that is ranked by the New York Sportswriters Association. Currently, our boys team is ranked 13th for Class D teams in NYS. This team is young and hungry for a championship.

Our UNDEFEATED girls cross country team is the only Section X team to be ranked by the New York Sportswriters Association. Currently, our girls team is ranked 11th in NYS for Class D teams. That’s very impressive. More impressive are the team leaders who have been consistently the top finishers at their meets. Senior Sydney Levison has continued her storied high school career and is planning to continue running in college. She is also representing Section X on the Student-Athlete Advisory Committee for the NYS Public High School Athletic Association. Not to be outdone, freshmen standout Maddie Dinneen has taken Section X by storm. She has posted impressive times in each meet and is a top contender to win the Class D individual championship. The future of NN Cross Country is strong.

Good luck cross country!

WARNING

The Surgeon General Dr. Jerome Adams announces, “No youth should ever use e-cigs.” He continues, “We must make it crystal clear that e-cigarette use can expose them to dangerous chemicals that can cause lung damage when inhaled.”

Studies have shown that e-cigarettes are a direct gateway to traditional cigarettes and have several health issues in addition to the addictive properties of nicotine, CNN reports.

An analysis in the journal Pediatrics found five cancer-causing toxins in the urine of 16-year-olds.

Here’s a VIDEO about the link between the flavoring added to e-cigs and an irreversible condition known as popcorn lung.

EVERGREEN SCHOLARSHIP

Congratulations to senior Blake Richards for receiving the Evergreen Scholarship through the Northern New York Community Foundation. Blake is the third Flyer to receive this in as many years. Thank you to the generosity of Mr. and Mrs. Owens for providing this opportunity. Congratulations Blake!
HAUNTED HOUSE

The National Honor Society and Key Club will be hosting a Haunted House on Saturday, October 27th from 5:00-8:00. This event will be open to the public. Get ready to be scared!

RED RIBON WEEK & SPIRT WEEK

We’re gearing up for another Red Ribbon Week at the middle school with this year’s theme, Life is a Journey, Travel Drug Free. Red Ribbon Week is a week-long campaign to bring awareness of the devastation that drugs have on the community and families. We support having a drug & bully free community. Thank you to the Norwood & Norfolk Communities who support Red Ribbon Week – it truly takes a community to raise each child. Also, thank you to the following students who helped Mrs. Peterson with decorating the community with red ribbons: Logan LaFleur, Daniel Crosbie, Alexis Baxter, Cameron Sharlow, Bobby Storrin, Olivia Hall, August Simcox.

We’re also celebrating our Flyer Pride this week by supporting Red Ribbon Week. Flyers know that drugs & bullying destroy school spirit. So, this year we are showing our school spirit for having a drug & bully free school. We’re proud of our school & we want a drug & bully free school.

Let’s show our support for Drug & Bully Free Schools by dressing each day in the following themes:

- Monday - ‘Merica Monday – wear your red, white, and blue
- Tuesday – Tractor Tuesday – wear flannel, jeans, & cowboy hats
- Wednesday – Work Out Wednesday – wear workout gear or represent your favorite sports team
- Thursday – Character Day – dress as your favorite character
- Friday – GREEN & GOLD DAY – bring it! Show your pride and wear GREEN & GOLD.

FRIDAY FUN AT NNES

We had so much fun at the elementary school on Friday. We hosted another successful Grandparents & Special Friends Day with a spectacular Parade of Books. Make sure to check out the video of the parade on our elementary Facebook page. The children then enjoyed a Halloween-themed Fun Night. The day was great fun!

VISION SCREENING

Once again we will be having the Lion's Club coming to conduct vision screenings for Pre-K, Kindergarten and 1st Grade. The Norfolk Lions Club has joined with the Potsdam Lions Club which in now call the Racquette River Lion's Club. They will be doing Pre-K and Kindergarten on October 18th and 1st grade on October 23rd. Permission slips will be going home as we get closer to those dates.

Thank you to the Lion’s Club. It’s a wonderful service that you provide.

Flyer Pride
Embrace the Power of Working Together
School-Family-Community
AESOP’S FABLES

Aesop's famous fables and scripts provide great entertainment for children and kids. The fables, or stories, are all very short so they keep the attention of children. Aesop's fables feature familiar animals loved by all. Fables are short stories which illustrate a particular moral and teach a lesson to children. The theme and characters appeal to children and the stories are often humorous and entertaining for kids of all ages. Fables can also be described as tales or yarns which have a message in their narrative such as a parable might have. Fables can often pass into our culture as myths and legends and used to teach about morals to children and kids.

On October 22nd, our elementary children will enjoy a presentation of Aesop’s Fables. This is made possible through our Arts in Education partnership.

IT’S PLAYOFF TIME!

Come out to support your FLYERS as they take on all opponents. It’s playoff time!

Here are the next games for our Flyers:

Boys & Girls Cross Country –
- Interdivisional Meet @ Gouverneur on Thursday, October 25th (3:30)
- Section X Championship Meet @ Canton on Thursday, November 1st (3:30)

Girls Soccer – 1st Round vs. Tupper Lake @ NNCS on Tuesday, October 23rd (3:00)

Boys Soccer – Semi-Finals @ Brushton-Moira on Wednesday, October 24th (3:00)

Good luck to our student-athletes. #FlyerPride

BOARD APPRECIATION

October is Board of Education Appreciation Month. At our last BOE meeting the administration, PTSA, and Teachers’ Union celebrated our Board members. It's a volunteer job which takes them away from family and friends. We appreciate the time & devotion our Board members spend guiding NNCS. Thank you!

FACEBOOK

Celebrate our children! Follow our middle school on Facebook page by clicking "Norwood-Norfolk Middle School Moments." Our elementary has also joined with a Facebook page, called “Norwood-Norfolk Elementary School.”
### UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/22</td>
<td>Aesop’s Fables</td>
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<tr>
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<td>Red Ribbon Week &amp; Spirit Week - ‘Merica Monday - Wear Red, White &amp; Blue</td>
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<tr>
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<td>Red Ribbon Week &amp; Spirit Week - Wear Flannel, Jeans and Cowboy Hats</td>
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<td>10/24</td>
<td>Red Ribbon Week &amp; Spirit Week - Work Out Wednesday - Wear Workout Gear or Represent your Favorite Sports Team</td>
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<tr>
<td>10/25</td>
<td>DIG Meeting</td>
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<td></td>
<td>Internet Safety Assembly (MS)</td>
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<tr>
<td></td>
<td>Red Ribbon Week &amp; Spirit Week - Character Day – Dress as your Favorite Character</td>
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<td>10/26</td>
<td>PEP Rally</td>
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<td></td>
<td>Red Ribbon Week &amp; Spirit Week - Green and Gold Day</td>
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<td></td>
<td>MS Fun Night</td>
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<tr>
<td>10/31</td>
<td>Halloween Parade</td>
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<tr>
<td>11/1</td>
<td>Student of the Month Assembly</td>
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<td></td>
<td>Safety Committee Meeting</td>
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